General Details about Hair Loss and Hair Transplant

1) Why you lose hair?

Under the effect of hormone called 5 DHT the hairs in the central top scalp start thinning before the roots die. You usually lose hairs in a pattern shown here.

The Pattern Hair Loss affects only front & central area of your scalp. Genetically your hair in this area is Hormones sensitive. These hairs become gradually thin & die in a particular pattern. The hair on the back and the side are genetically strong live permanently. We use the roots (follicular units) of this permanent hair and graft them where you have lost your hair.
2) How does medications help?

As long as your hair root is alive medicines like Minoxidil and Finasteride can help to improve the quality of thinned out hair and prevent the progress of the Baldness. But in the place where your hair roots are dead no medicine can grow new hair. The only answer to grow hair in that area is to have Hair Transplant.

3) Procedure of Hair Transplant?
The Follicular Hair Transplant that we offer can help you change your look. **IT GROWS NATURAL LOOKING, PERMANENTLY GROWING MAINTENANCE FREE HAIR THAT GROW LONG AND DOES NOT GROW THIN UNDER THE EFFECT OF HORMONES. YOU CAN CUT, COLOUR AND STYLE THE HAIR THAT DOES NOT REQUIRE SPECIAL CARE.** YOU CAN COMB, SHAMPOO AND OIL THEM AND CAN EVEN HAVE THEM REGULARLY SHAVE AS WELL.
Transplanted hairs do not require medications to continue their survival.

Hair Transplant is usually a day procedure and it is done under Local Anesthesia. There is no hassle of Hospitalization or bandages etc. It is done as an outdoor procedure, in very comfortable setting.

4) **Time of Procedure:**

The procedure may take 2 to 8 hours depending upon the number of hairs to be transplanted. It is done as an outdoor procedure, in very comfortable setting. We recommend 2-3 nights’ stay in Ahmedabad.

5) **How soon can you join your work or fly or travel long distance?**

Well usually a day’s rest after strip or FUE procedure is sufficient. You need to avoid exercise, Gym, swimming, sex, sports etc. for a period of 5-7 days after FUE and 3-4 weeks after Strip procedure.

You can fly long distance the next days of the procedure.

6) **Until when any one can say that some thing has been done your head?**
Well usually it takes 7 to 10 days to clear the scabs (dried blood). Stitches of the strip procedure can be hidden if you have at least 1 & 1/2 inch length of donor hairs. If you have white or fair skin the redness in the plantation area may remain for 3-6 weeks and you may have to avoid sun exposure. If you can wear a cap for this period things can go unnoticed.

7) Which procedure is better New FUE or Old Strip method?
There are 2 methods of Hair Transplantation as per the latest evidences following are our views: We strongly believe that **FUE is superior Method compared to STRIP method** and is the Method of future

1. **FUE or DHI (Latest Technology- with No Stitches)** (With recent advances this modern and stitch less method does not leave a linear scar on the back of the head and therefore heals faster and is practically pain free post operatively. Final outcome is better). We use 0.75 to 1 mm micro punch with depth control and use Lorenzo technique for extraction. By this method we can also harvest Body Hairs from Beard, chest, back etc. if the hairs are of good quality.

Check Video:

http://www.youtube.com/watch?v=GU3d0je6yZU&feature=related
2. Older Technology FUHT or Strip method is a traditional method. This involves cutting out a piece of skin from your back side of the head therefore requires stitches at the back and that leaves a permanent ½ to 1 foot long linear scar there. This
does not allow a short hairstyle so one has to compulsorily keep long hairs. Healing time is longer due to a long cut and stitches at the backside. There is more blood loss during the procedure. About 10% cases suffer painful scar, tight scalp and numbness of scalp for months or even permanently & the scar becomes wider and difficult to hide even with long hairs. The side effects are higher if the scalp is tight. White or grey hairs are difficult to separate by this method. Because of stitches you need to avoid exercise, swimming, sports, Gym and sex for one month. This method is not used for harvesting body hairs because it leaves unsightly scars.

Check Video at:

http://www.youtube.com/watch?v=mYnzZ2y0GH4&feature=related

We now strongly believe that FUE although more expensive is superior method than the FUT (Strip method). And therefore we now offer only the Stitch less FUE method.

The difference between the 2 methods is essentially in harvesting the roots from the backside of the head and the method of grafting and the final outcome of both methods in the area of hair loss (recipient area) is the same. We now strongly believe that FUE is except for the cost is superior method than the FUT (Strip method).
8) Is there any side effect of the procedure? Recovery and aftercare:

Some swelling and scabs for first few days after the procedure is usual. You may avoid tobacco during recovery period as it reduces the blood supply to skin and can affect your hair growth. There are no dietary restrictions. Hair wash by spray (given by the clinic) is necessary from next day for 10 days. Scabs start shedding after a week and The Transplanted hairs shed with this as well but the stem cells of the grafts are taken within a week, which generate new hairs that start growing usually by 3-6 months. The hair becomes combable length by 8-12 months and the full-blown result should be expected by about one to one and a half year. The transplanted hairs in the crown area takes about one and a half times longer to grow compared to that in the front.

9) Cost:

The cost of the procedure depends on the number of hair roots (grafts / Follicular Unit) required for you. It costs Rs.. 35. Per graft for the Strip Method (FUT) and Rs.75 per graft for the FUE (stitch less) method. One Follicular Unit or Grafts can grow from 1 to 4 hairs.

Number of grafts & its Cost is given according to the pattern of hair loss in the chart below.
This chart will give you an idea of minimum how many grafts you need for your pattern of hair loss.
The above cost of surgery includes surgeon's fee, assistant's fee, operation theatre charges, operation theatre anesthetic medicine and disposables. There 10.3 % **Gov. tax** applicable. Blood tests and post op care kit will cost 2500 more.

Cash Credit card (add 2.5% for intermediary losses & you will need a photo ID)
Western union (add 3% charge)
Bank to bank transfer
Paypal (add 4.5%)

"Trichophytic Closure" of Donor site in case of strip method additionally costs Rs.. 10000 this is only if you chose to go for it. It is not the part of the routine procedure. (http://www.goodbyehairloss.com/trichophytic-closure.htm) Trichophytic Closure of Donor site where you can grow hairs though your donor scars. (http://www.goodbyehairloss.com/trichophytic-closure.htm). The regular closure does not grow the hairs through the stitch mark. Therefore Trichophytic closure has a better concealing than the regular closure esp. if the hairs are kept not very long.

10) Result & guarantee?

Well after transplanting the new roots take 10 days to incorporate in the body, there after the transplanted hairs first shed along with the scabs of the surgery. New hairs start growing by 3-6 months. Full-blown result should be expected by about one to one and a half year. As for the success rate at least 85-95% of the grafts will certainly grow the hair in every patient. In medical profession we do not give written guarantee but we certainly standby our results.
It is important to keep realistic expectation; Transplant can improve your current looks by increasing density or by giving the cover to the bald area but it may not match your original density of hair at times. It does give you original density of young age neither does it make you look like a film star but will make you look normal and brings back the lost confidence. **Smoking** does affect the hair transplant growth adversely and avoid it few days before and for few months after. The final outcome or the result depends upon following factors: 1. Number of hairs transplanted 2. Thickness of hair (diameter) thicker the hairs better the result 3. Direction & distribution of planted hairs.

(This is the artistic part of the procedure and decided the naturalness of the result) 4. The contrast of skin vs. hair (less the contrast the better the result)

**11) Trimming short of hair?**

This is required for 1. Facilitate the plantation in accurate natural angle & direction in recipient area. 2. Facilitate plantation between the existing hairs without damaging existing hairs 3. Trimming shelp you to keep very crucial early post operative hygiene. 4. Shaving of the entire donor area is usually necessary in case of FUE procedure unless the number of grafts required is <1000

**13) Do I have to take medications after Hair Transplant & for how long?**
Transplanted hairs do not need any medications for maintenance. But the process of DHT causing your non-transplanted hairs to fallout can be slowed or stopped with the use of medication like Finasteride & Minoxidil.

14) Our results Gallery:
[link](http://www.goodbyehairloss.com/photo_gallery.htm)

15) Our patient Testimonials:
[link](http://www.goodbyehairloss.com/testimonials.htm)

16) How to book a date for Transplant:
Deposit the amount of Rs. 20000 to the account of BISHAN MAHADEVIA ICICI Bank savings account No. 029501515482, ICICI bank SG Road Branch,
Ahmedabad, Gujarat, India cash, cheque by going to nearest ICICI bank or by Internet Transfer (Postal address: ICICI Bank Sarthik II, Ground Floor, S.G.Road, Bodakdev, Ahmedabad 380054)

IFSC (Indian Financial System Code) code: ICIC0000295
MICR (Magnetic Ink Character Recognition) Code: 380229009
For international wire transfer through your bank you can do as given on this link:

Swift / BIC Code for ICICI Bank for retail remittances is: ICICINBBNRI.

For more details on wire transfer check:
http://www.icicibank.com/pfsuser/icicibank/iban-nri/nrinewversion/money_transfer/money_transfer_others/wire_transfer.htm

N.B. As per our policy we do not confirm the date for procedure without the deposit. Since you would be coming from a distance we recommend it will be best to have confirmed date for the procedure as we do have priority for those who have deposited advance for date booking over the one who has not. In case some one has booked the date on the day when you come then we may not be able to perform your surgery on that day. WHEN BOOKING THE DATE YOU NEED TO TELL US THE TYPE OF PROCEDURE YOU WANT (FUT OR FUE). It is usually good to take an appointment about a month in advance.
17) For PREOPERATIVE CARE:

http://www.goodbyehairloss.com/before-transplant.htm

18) FOR MORE ON MEDICATIONS for HAIR LOSS PREVENTION CHECK:

http://www.goodbyehairloss.com/minoxidil-and-finastride.htm

19) We perform procedures from Monday to Thursdays only and on Friday we have only consultations. Saturday and Sundays the clinic remains closed.